



Real People. Real God. Real Solutions.

Recap:

Are you a “glass is half empty” kind of person? Do you find it hard to rejoice with someone when things are going well for them? Some of us may not be a negative person all the time, but most have an area in which they are negative. Maybe it’s at work with a specific employee or with the parent of a child that plays on your kid’s baseball team. Is there an area of your life that you are negative?

1. Our key verse for this series is Psalm 139:23-24. Pray this to God: Search me, O God, and know my heart; test me and know my thoughts. See if there is any offensive way in me, and lead me in the way of everlasting.

2. What does negativity do to the person that is negative and the people that are exposed to the negativity?

3. How does negativity affect the witness of a Christian?

4. Paul gave some tips on how to be more positive: Think about godly things, create a reminder to be positive, memorize scripture, invite accountability, initiate positive statements, and walk away from negative situations. Pick two of these and write down how you will work on them this week:
