



*Real People. Real God. Real Solutions.*

*Recap: James 3:1-12—*

*In this passage, James challenges his readers to control their tongues. This is hard to do, and James asserts that it is easier to tame a wild animal than to tame the tongue. Though the tongue is small, like a spark in a forest it can be very destructive. When we claim that we must tame our tongue, we acknowledge that this is a heart issue. Jesus tells us that what flows out of our mouths is an overflow of our hearts. In order to tame the tongue, we must allow the Holy Spirit to help us get control in our lives.*

*1. How is the tongue like a bit in a horse's mouth or the rudder of a ship?*

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*2. What are some ways this past week that you have lost control of your tongue?*

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*3. How can you use your tongue to encourage people this next week? (Be specific)*

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*4. Write down a prayer asking God to help you control what you say.*

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